

“Emergence” - What Is Ready to Grow?

Take 10 minutes to step outdoors and notice how Spring is beginning to appear.

Daffodils are emerging. The days are getting longer. New life is quietly returning. Nature reminds us that growth begins slowly.

Notice the Signs

What small signs of change or possibility are appearing in your life right now?

What Might Be Beginning?

Where in your life does something feel like it might be emerging?

What Feels Ready?

Complete the sentence: **Something that feels ready to emerge in my life is...**

What Would Support It?

If this were a small seed of growth, what would help nurture it?

One Gentle Step

What is one small step you could take this month?

Closing Reflection

Spring is a season of emergence. **What do you want this season of your life to grow into?**

Monthly reflections for leaders navigating growth, change and transition

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